



Leading Your Business Transformation

A horizontal banner image with a blue-tinted background. It shows silhouettes of business professionals in a modern office setting. Overlaid on the right side of the banner are several white, stylized gear icons of varying sizes, arranged in a cluster. The text "COBIT® 5 Foundation Course Description" is written in white on a dark blue rectangular background that spans the width of the banner.

COBIT® 5 Foundation Course Description

Fifalde Consulting Inc.
+1-613-699-3005

1. Introduction to the Course

The COBIT 5 'Business Framework for the Governance and Management of Enterprise IT' introduces the candidate to the five basic principles which are covered in detail and includes extensive guidance on enablers for governance and management of enterprise IT. Also included is a supplementary guide outlining the foundation concepts of a process assessment model (PAM) based on the ISO 15504 approach which replaces the previous CMM (Capability Maturity Model). This is an expansion of Chapter 8 of the guide and reflects key pieces of foundation knowledge that has been taken from the COBIT Process Assessment Model (PAM) using COBIT 5. The learner taking this course will be provided with:

- Course syllabus
- Presentation material
- One sample exam
- Access to take the certification exam

2. Course Preparation

No preparation or pre-requisites are necessary to undertake this training.

3. Administrative and Logistical Activities

If you are scheduled to take the certification exam, you will receive a confirmation e-mail from your provider asking you to confirm registration data. If you have any questions or problems regarding the exam registration, please talk to your trainer.

4. Target Group

Business Management, Chief Executives, IT /IS Auditors, Internal Auditors, Information Security and IT Practitioners; Consultants, IT/IS Management looking to gain an insight into the Enterprise Governance of IT and looking to be certified as a COBIT Implementer or Assessor. There is no pre-requisite for this course.

5. Course Objectives

The purpose of the Foundation Certificate is to confirm that a candidate has sufficient knowledge and understanding of the COBIT 5 guidance including Enterprise Governance and Management of Enterprise IT; create awareness with their business executives and senior IT Management; assess the current state of their Enterprise IT with the objective of scoping what aspects of COBIT 5 would be appropriate to implement.



The Foundation Level Training and Certificate is also a pre-requisite for the following training and certificate courses:

- COBIT 5 Implementation Training & Certificate
- COBIT 5 Assessor Training & Certificate

At the conclusion of this course, attendees will understand:

- How IT management issues are affecting organizations
- The need for an effective framework to govern and manage enterprise IT
- How COBIT meets the requirement for an IT governance framework
- How COBIT is used with other standards and best practices
- The functions that COBIT provides and the benefits of using COBIT
- The COBIT Framework and all the components of COBIT
- How to apply COBIT in a practical situation

6. Exam

If the exam is not taken with a voucher, an exam is administered at the end of the last day of instruction. The exam consists of 50 multiple choice questions and the candidate has 40 minutes to complete it without any access to course material or notes. A minimum score of 50% or 25 correct answers out of 50 is required.

7. Delivery Method

An element of customization is possible within the standard price. Further tailoring to meet specific requirements is available at additional cost.

7.1 Educational alternatives

This course was designed so that it makes use of the following educational alternatives:

- **Deduction:** Using anecdotes and examples, the training presents use cases before the concepts have even been covered. The students deduct the learning from their own analysis. The topic and its concepts are presented afterwards to demonstrate how theory applies to what was deducted.
- **Questioning:** Asking questions forces participants to stop and think about different variables. It also enables the participants to put the newly acquired knowledge to the test. Quizzes have been incorporated as part of the training to make sure that the concepts are well understood by the participants
- **Demonstrating:** Some use cases have been incorporated to the training AFTER the concepts. These serve to explain a cause and effect relationship using the newly acquired knowledge.



8. Session Plans

The following provides individual session objectives for the different modules covered in the training.

8.1 Key Features of COBIT 5

- Structure of the COBIT 5 framework
- Business needs and benefits provided by COBIT 5

8.2 Analyzing the Five Principles

8.2.1 Meeting stakeholder needs

- Benefits realization
- Risk and resource optimization
- Supporting the creation of business value through IT
- Transforming stakeholder needs into an enterprise's actionable strategy
- Clarifying the purpose of the goals cascade
- Translating high-level enterprise goals into specific IT-related goals

8.2.2 Covering the enterprise end-to-end

- A framework for business and IT leaders
- Interrelating key roles and activities

8.2.3 Applying a single integrated framework

- Implementing COBIT 5 as an integrator
- Aligning the practices into a single model

8.2.4 Enabling a holistic approach

- Evaluating the key components of the enabler dimension
- Reviewing measurement indicators for achieving goals

8.2.5 Separating governance from management

- Balancing enterprise direction and objectives
- Governance vs. management of IT



8.3 Investigating the Seven Enablers

8.3.1 Principles, policies and frameworks

- Meeting good practice requirements for the scope, compliance, exceptions and monitoring
- Differentiating policies and principles

8.3.2 Processes

- Reviewing the key characteristics of the process goal categories
- The Process Reference Model

8.3.3 Organizational structures

- Implementing practices for operations, responsibility delegation and decision-making
- The key responsibilities of key organizational roles

8.3.4 Culture, ethics and behaviour

- Creating, encouraging and maintaining desired behaviours
- Relating organizational and individual ethics with goals

8.3.5 Information

- Reviewing the information quality categories
- Interrelating the five steps of the information cycle with the information enablers
- Applying information attributes to layers
- Assessing context and quality of information to the user with key attributes

8.3.6 Services, infrastructure and applications

- Analyzing the five architecture principles that govern the use of IT-related resources
- Relationship with the other enablers

8.3.7 People, skills and competencies

- Defining skill requirements for each role
- Mapping the skill categories to the process domains
- Skill categories in relation to the process domains



8.4 The Foundations of COBIT 5 Implementation

8.4.1 Recalling the facts, terms & concepts of implementation

- Management of the program
- Change enablement
- Core continual improvement life cycle

8.4.2 Applying the continual improvement life cycle to enable change

- Reviewing enterprise-specific internal and external environments related to change management
- Addressing pain points and trigger events
- Phases and characteristics of the life cycle model
- Realizing business benefits with a good business case

8.5 Integrating the COBIT 5 Process Capability Model

8.5.1 The core facts, terms and concepts based on ISO 15504

- The six capability levels
- The nine attributes
- The rating scale
- Defining key ISO 15504 terms

8.5.2 Scoping and the Process Assessment Model (PAM)

- Identifying the reasons to conduct a process assessment
- Differences between maturity and capability assessments
- Implementing a Process Reference Model with COBIT 5

Fifalde Consulting Inc. is a trusted independent advisor, helping organizations maximize efficiencies and increase value to their IT services. We specialize in the delivery of Information Technology Service Management (ITSM) and Information Security Management (ISM) consulting and training services, using best practices such as the Information Technology Infrastructure Library (ITIL®), TIPA®, TOGAF®, and standards such as ISO/IEC 20000, 27001, 38500 and others. Fifalde's team includes a network of the most accredited consultants and trainers in the IT industry.

For more information on what Fifalde can offer your organization, please visit fifalde.com



Leading Your Business Transformation